

## Pineapple Power recipe

A delicious recipe for Pineapple Power, with pineapples, water, honey and ginger. Also lists similar drink recipes.

### Ingredients

1 can pineapples  
2 cups water  
1 tbsp honey  
1/4 tsp ginger

### Method

Place the can of sliced pineapple, with juice, into a blender jar. Add the water, honey and ginger, and blend on medium speed until well mixed. Pour into one tall, two medium, or three small glass.

### Serve

### Nutrition Info